

HOLY COMMUNION

1. **Opening Prayer:** Feel free to pray your own prayer or use the following as an outline.

Dear God,

Be with us during this time as we learn about the Sacrament of Holy Communion. Help us to understand the importance of this gift that You have given us.

In Jesus' name, Amen.

2. **Teaching:** Watch Lesson 2: The Lord's Supper

2.1. What is it? [<https://vimeo.com/183044366>] run-time 3:05 minutes

2.2. Who is worthy? [<https://vimeo.com/183044444>] run-time 2:36 minutes

3. **Scripture Search:** Read through the following section of Scripture:

[Mark 14:22-25](#); [John 19:23](#); [Hebrews 9:15-17](#); [1 Corinthians 11:17-34](#)

- 3.1. Read through the following sections of the Small Catechism:

3.1.1. The Sacrament of the Altar (page 322). **The Central Thought** (page 323)

3.1.2. **Questions 348 -366** (pgs. 323-337);

3.1.3. *[Optional] For a more in-depth study of How to Receive This Sacrament Worthily, read pages 338-345.*

4. **Question Time:**

4.1. The Rev. Dr. Martin Luther understood that Jesus was delivering His last will and testament at the Last Supper. With that in mind, and after watching the video, talk about these questions:

4.1.1. Who is the testator - the person making the will?

4.1.2. Who are the beneficiaries - the people who get what the will-maker is giving?

4.1.3. What is the estate; in other words, what is Jesus giving His beneficiaries?

4.2. When you receive the Lord's Supper, what are you admitting, or confessing, about yourself?

4.3. When you receive the Lord's Supper, what are you confessing about Jesus, and what He does for you?

5. **Closing Prayer:** Feel free to pray your own prayer or use the following as an outline.

Dear God,

Thank You for giving us the gift of Communion. Help us as we learn more about Communion and what it is. Help us be prepared for this great gift that You have invited us to participate in. Thank You for giving Your body and shedding Your blood for us on the cross.

In Your name, Amen.